

Before Your Surgery

A nurse from the center will contact you prior to your surgery to review your health history, medications and pre-operative instructions.

Notify your surgeon if there is a change in your physical condition such as a cold, fever or respiratory problems.

Do not eat or drink anything after midnight the night before your operation, including no hard candy, gum or cigarettes. If your child is the patient, please be careful to enforce this. Also, please follow any other special instructions your surgeon may have given you. Failure to follow these instructions may result in postponement or cancellation of your surgery.

Please be sure to tell your surgeon if you are on any type of blood thinners or daily aspirin.

Please take only medications that are needed the night before or the morning of your surgery.

For example, if you take any medications for your heart or blood pressure then you would take those as you normally would with a small sip of water. If you are having any pain the morning of your surgery or procedure then you may take your pain medication with a small sip of water.

It is extremely important to arrange for a responsible adult to drive you home and remain with you the first 24 hours after surgery.